

The Vishvarupa

The Lord's Outward Manifestation



In Hindu (Vedic) culture there is an ancient Sanskrit word called Vishvarupa (*vish-va-rupa*). The Vishvarupa is considered the Lord's universal cosmic manifestation. All that is seen, heard, and even smelled is the Vishvarupa. The entire pervading universe from the micro to the macro is considered the Vishvarupa, the Lord's body. Ourselves, other people, rocks, sky, animals, the air, everything, makes up this conscious Vishvarupa, the individual components of the whole. All that we experience outwardly is coming from the Vishvarupa, or God.



Since the Lord is everywhere, he sees all and knows our deepest intentions and heart felt desires. We are a part of him. The Vishvarupa is continually informing us through our conscience, people, and environment how we are doing. He sees our right actions based on sound principles and right thought, and wrong actions based on ignorance and error.

When we perform right actions there is knowledge, unity, oneness, happiness, advancement, evolution. When we don't understand life and perform wrong actions, there is unawareness, separation, sorrow, duality (contrasts), and loss. In the error-minded state, nothing works for us, life seems harder and more painful. So, when we feel we've gone in the wrong direction, we are distressed. To align ourselves with our source, we simply stop, figure out what we're doing wrong, turn around within our consciousness, and go in the right-minded direction. That's it. We then become facilitators of life. Upliftment and unfoldment are truly ours. We have momentum. We have arrived.

